



HOME REMEDIES

for real people from real people

We all want to be healthy. The question is do you want to be proactive or reactive?



Thanks for being here! We are looking forward to sharing the different lifestyle hacks and habits that we use to stay healthy and to get healthy faster when needed.

During this webinar you can ask questions using the chat function we will look to cover these at the end. You will not need to be on camera. A giveaway will happen at the end of the webinar and we will share a link for recipe cards and more information!

SKIP THE "ANTIBACTERIAL"

MAKE GOOD BACTERIA

ESSENTIAL OILS AND OUR BODIES: IMMUNE, SLEEP, STRESS

PEACE & CALMING // *relaxing*

VALOR // *promotes confidence*

FRANKINCENSE // *skin support*

PANAWAY // *soothes muscles*

STRESS AWAY // *stress relief*

LAVENDER // *sweet sleep*

RAVEN // *great for chest rubs*

PEPPERMINT VITALITY // *energizing*

CITRUS FRESH VITALITY // *wellness*

THIEVES VITALITY // *boosts immunity*

LEMON VITALITY // *cleansing*

DIGIZE VITALITY // *digestion support*



HEALTHY ROLLER RECIPES:

Add to 5-10 ml roller with carrier oil

10 Immupower

10 Thieves

5 Lemon 5 Frankincense

5 Orange 5 Thieves

5 Tea tree 5 Lavender

5 Oregano 5 Thieves

3 Copaiba 5 Lavender 2 Orange

Drops of EO	1%	5%	10%	25%
In 1 tsp (5ml)	1	5	10	25
In 2 tsp (10 ml)	2	10	20	50
In 3 tsp (15ml)	3	15	30	75
In 6 tsp (1oz)	6	30	60	150

SUPPLEMENTS HACKS IMMUNE HEALTH

Inner Defense: reinforces systemic defenses, creates unfriendly terrain for yeast/fungus, promotes healthy respiratory function, and contains potent essential oils like oregano, thyme, and Thieves.®

ImmuPro: Powerful antioxidants from naturally-derived immune-supporting Ningxia wolfberry polysaccharides with a unique blend of reishi, maitake, and agaricus blazei mushroom powders zinc and selenium for proper immune function* along with other chelated minerals which emerging science suggests are more easily absorbed by the body. It also delivers melatonin which encourages restful sleep

Super C: A proprietary blend of camu camu, acerola, cherry, and rose hips fruit powder to create a powerful immune-supporting supplement. Together, these premium ingredients deliver desirable polyphenols, carotenoids, and optimal amounts of vitamin C

HOME REMEDY TOOLS AT HOME: IN THE KITCHEN

WHOLE FOODS, BONE BROTH, ELDERBERRY SYRUP, PROBIOTIC FOODS

HEALTHY HABITS AT HOME:

NINGXIA RED, SUPPLEMENTS

HEALTHY HACKS AT HOME:

DETOX BATHS, WET SOCK TREATMENT, GUMMIES

YOUNG LIVING WHOLESALE MEMBERSHIP PERKS

24% OFF RETAIL PRICE

No Yearly Fee

EARN EXCLUSIVE FREE PRODUCTS

Can join FREE Rewards Program: Essential rewards- Earn 10% credit back the first 3 months and 20% for the next 24 months & then 25% back. Plus access more free rewards.

Referral program and/or Business Building Opportunity